



Blueberry Vegan Nice Cream

Serves 2-3

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Cook time - 5 min

PREPARATION METHOD

1. Place the bananas, blueberries, extract & milk into the Wolf blender, on ICE setting and blend.
2. You may need to stop and stir ingredients once or twice but once at thick consistency, pour into bowls and serve.
3. Add garnish of choice, sliced almonds & extra fruit. Any leftovers can be frozen.

INGREDIENTS

3 frozen skinned & chopped
bananas
100g (1/2 cup) frozen blueberries
1 tsp vanilla extract
100g non dairy vegan milk (any
preferred option is fine)