



# Blueberry Vegan Nice Cream

Serves 2-3

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Cook time - 5 min

## PREPARATION METHOD

1. Place the bananas, blueberries, extract & milk into the Wolf blender, on ICE setting and blend.
2. You may need to stop and stir ingredients once or twice but once at thick consistency, pour into bowls and serve.
3. Add garnish of choice, sliced almonds & extra fruit. Any leftovers can be frozen.

## INGREDIENTS

- 3 frozen skinned & chopped bananas
- 100g (1/2 cup) frozen blueberries
- 1 tsp vanilla extract
- 100g non dairy vegan milk (any preferred option is fine)